TOXICOLOGICAL STUDY OF AN EXHUMED BODY USING ALTERNATIVE MATRICES FOR THE DETECTION OF PSYCHOACTIVE DRUGS

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Abstract: In forensic toxicology, systematic toxicological analyses (STA) and interpretation of results are difficult when routine matrices such as blood (typically from a central and peripheral source), urine, bile, vitreous humor, stomach or gastric contents are not available. Furthermore, in instances of limited remains, only muscle, hair, or a skeleton may be available for toxicological examination to unambiguously identify as many toxicologically relevant compounds as possible to assist in determining the cause of death. This article describes a case of the exhumed corpse of a 53-year-old male known to have been addicted to several types of drugs. The STA was carried out on alternative biological matrices, including brain, kidney and bone marrow, using gas chromatography—mass spectrometry (GC-MS) and high-performance liquid chromatography—mass spectrometry (HPLC-MS) and subsequently the identified substances were quantified by GC-MS and ultra-performance liquid chromatography—tandem mass spectrometry (UPLC-MS/MS). The mixture found included multiple agents such as barbiturates, benzodiazepines (BZD) and anaesthetic agent. We demonstrate the possibility of detection of several drugs in an exhumed body 2 years after interment. Despite the problematic of interpreting the quantitative toxicological results, the data could provide complementary information about aetiology of death.

Keywords: forensic toxicology, systematic toxicological analyses, exhumed corpse, alternative biological matrices, gas chromatography–mass spectrometry, high performance liquid chromatography–mass spectrometry, ultra-performance liquid chromatography–tandem mass spectrometry, drugs.

INTRODUCTION

Forensic toxicology is aiming to detect possible xenobiotics, drugs and other potentially toxic compounds in biological autopsy samples, quantify the concentrations of relevant and main compounds found in samples, and contribute to the investigation of the manner of death [1, 2]. In order to contribute to the understanding and assessment of these test results in a medical-legal context [3], the use of appropriate analytical methods, tools, the technical knowledge of forensic toxicologists, etc. are necessary [4, 5]. In today's society, medical and recreational drugs represent most of the compounds that cause fatal poisonings [1].

The interpretation of the results of a toxicological analysis in post-mortem cases is complicated [6, 7], especially in the case of decomposing, poorly preserved, skeletonized bodies

or corpses buried and later, and after a while, exhumed [8], due to the uncertainty of finding evidences after a given post-mortem interval (PMI) [9].

Peripheral and cardiac blood, urine, vitreous humour, bile, stomach or gastric contents are the typical biological samples collected at autopsy [10-13]. However, in cases where routine specimens cannot be analysed due to putrefaction or skeletonization [12] or in cases when forensic autopsy cannot collect adequate blood specimens [14], alternative matrices such as brain, kidney, liver, bone marrow and bone are useful for diagnostic purposes [3, 13]. But care must be taken, because high drug concentrations in blood may increase further during the post-mortem period, providing erroneous results: in such cases, the use of alternative specimens (such as brain, kidney, marrow bone, bone, etc.) will help improve forensic research and hopefully lead to a more complete understanding

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of any drug-related event [3].

Besides variations in the type of sample, it has been found that the concentrations of drugs in tissues, organs or body fluids can vary significantly between death and the collection of the specimen [4]. Consequently, several factors must be considered such as the drug distribution and transformation in the perimortem and post-mortem states [15-23], the degradation of drugs, accidental or endogenous production and contamination, which can depend on the intake routes and the chemical properties of individual drugs and poisons [24-32]. All this makes it difficult to interpret post-mortem levels of drugs.

In any case, in addition to taking into account the type of sample, the conditions of the sample and the variations that may occur in the concentrations of the drugs, other factors must be considered such as the scope of the analyses, the suitability of the sample for the experiments, the stability or otherwise of the substances detected and other factors that influence the variation of the concentrations in the samples [6, 11, 33-34]. Therefore, despite obtaining positive results in the detection and quantifying drugs in biological samples obtained from an autopsy, it is complicated and sometimes not possible to interpret the results and extrapolate them to the antemortem state of the subject. This article reports the use of alternative matrices in post-mortem toxicological analysis in a case of suspected multi-drug abuse death of a patient with possible addiction habits.

CASE REPORT

A 53-year-old male was exhumed 2 years after death following circumstantial proof and evidence pointing to possible intentional intoxication. Despite the long burial period, the body was well preserved, although it was not possible to collect routine biological samples. Toxicological analyses were performed on bone marrow (20.1 g), brain (125 g) and kidney (48 g) at the Legal and Forensic Medicine Department of the University of Murcia (External Service for Forensic Science and Techniques (SECYTEF). Analysis of both illicit and therapeutic drugs were called for.

Materials, standards and chemicals

Based on the results obtained using GC-MS and HPLC-MS, the drugs with the highest toxicological relevance and deuterium-labeled standards were applied for Midazolam (M-908), Diazepam-D5 (D-902), Propofol-D17 (P-077) and Pentobarbital-D5 (P-

009) were obtained from Cerilliant (Round Rock, TX). The analytical and chromatographic solvents used were acquired from Sigma Aldrich.

Standard and post-mortem samples preparation

Regression lines were assessed based on peak areas ratios of each of the 5 compounds to that of the standards. The method showed linearity, expressed by regression coefficient (R2) of above 0.975 in all cases. The LOQ was found to be between 0.005 and 0.01 μ g/mL depending on the analyte, and the LOD was between 0.0008 and 0.05 μ g/mL.

Duplicate biological post-mortem samples were homogenized using an IKA° ULTRA-TURRAX° disperser (Z404519, Sigma Aldrich). The homogenates were subjected to a drugs extraction procedure. The procedure described by Yawney *et al.* [35] was carried out in brain, kidney and liver post-mortem samples; while the protocol described by McIntyre *et al.* [36] was followed in case of the bone marrow samples. The extracts obtained from the processing of the samples were evaporated in nitrogen stream and reconstituted in 60 μ l of mobile phase. Control and calibration standards were prepared by spiking methanol with standards at concentrations ranging from 0.005 μ g/g to 5 μ g/g.

Toxicological analysis

The screening of illicit and therapeutic drugs was performed by GC-MS and HPLC-MS after liquid-liquid extraction (LLE) and the addition of 25 μl of IS. The determination of concentrations of compounds such as propofol and pentobarbital was carried out by GC-MS and UPLC-MS/MS were used for midazolam. The toxins were confirmed by comparing the retention times and mass spectra characteristics of the peaks with those of standards and were quantified by means of external calibration curves.

RESULTS

General toxicological screening for common drugs performed in the alternative matrices available - bone marrow, brain and kidney - revealed the presence of the anaesthetic propofol, the barbiturate pentobarbital and BZD midazolam. These drugs were confirmed and quantified as shown in Table 1 and since the natural formation of this kind of compound can be ruled out, the observations clearly pointed to the antemortem intake of propofol, pentobarbital and midazolam.

Table 1. Summary of findings of toxicological analyses.

	Biological material		
Analyte	Bone marrow ppm (µg/g)	Brain ppm (µg/g)	Kidney ppm (μg/g)
Pentobarbital	0.2398	n.d.	0.0445
Propofol	n.d.	n.d.	0.8123
Midazolam	0.0055	0.2190	0.1050

n.d.: Not detected.

Our results evidenced of the existence of propofol at a concentration of $0.8123 \,\mu\text{g/g}$ in the kidney sample, which may be due to rapid redistribution and metabolism by conjugation in the liver to glucuronide and sulfate inactive metabolites, which are excreted by the kidney with elimination half-life of 23 hours [37].

The amount of pentobarbital found in the bone marrow sample was of $0.2398~\mu g/g$ and in kidney sample a concentration of $0.0445~\mu g/g$. It was found in the kidney sample because is cleared by the kidneys [38] and its chemical stability, which allows it to be stored in the bone marrow. This also may reflect chronicity since it was not found in other samples, but further studies are needed to determine aspects such as the dose required and the frequency of use of the drug necessary for it to be deposited in the bone [39].

Midazolam was detected in three matrices, finding the highest concentration in brain (0.2190 μ g/g) possibly due to its high lipophilicity at physiological pH, which explains for midazolam's rapid absorption and crossing of the blood-brain barrier [40, 41] BZDs and their metabolites are distributed throughout the body and accumulate mainly in lipid-rich areas such as adipose tissue and the central nervous system, where it exerts its action [42, 43]. On the other hand, we found this compound in lower concentrations in the kidney (0.1050 μ g/g) coinciding with other study which reports that it finally goes to the excretory organs [44].

DISCUSSION

The tasks carried out by forensic sciences such as the identification and analysis of remains, especially when it comes to decomposed or incomplete bodies, is a complicated job [45]. Among the tests to be performed, we find the toxicological studies, which must be interpreted with great caution because the pharmacodynamic and kinetic properties of the compounds according to the different matrices are not clearly known. On the other hand, the concentrations found in biological samples will also depend on several factors, which will cause them to be modified, such as post-mortem redistribution [4], which is affected by cell death, decomposition, passive drug release from

drug deposits after death [46], PMI, sample type, dissemination, redistribution in body cavities and drug metabolism after death [47, 48]. In addition, it is necessary to add the characteristics of the medications themselves - including lipid solubility, plasma protein binding and molecular size, all of which influence the volume of distribution [40].

Bibliographic references found on toxicological studies in non-conventional samples of exhumed corpses are scarce. The matrices used in these works have been putrefied material (abdominal area, muscles, etc.), skin, tissue, hair, nail, ulna and radius; the range of the PMI is between 10 days and 4.5 years and the compounds that had been detected are opiates, BZD, morphine and 6-acetylmorphine, and other types of drugs [8, 42, 49-51].

The most recent toxicological investigations carried out into accidental deaths, suicides, homicides and cases of drug-facilitated sexual assault involving the compounds identified in our case (propofol, pentobarbital and midazolam) showed higher concentrations in normal matrices such as femoral, cardiac and peripheral blood, head and pubic hair, urine and tissue samples of medico-legal autopsies [43, 52-71] than our results.

Interpretation of the toxicological results obtained in different biological matrices of an exhumed corpse 2 years after death is difficult because the processes of decomposition and putrefaction introduce substantial changes in the biological material.8 In addition to the changes in the matrices, we found substantial changes in the structure and composition of the drugs and toxicological problems arise as a consequence of the instability of the chemical in this type of situation [72-74]. Together with the absence of routine material (blood, urine or bile), this may lead to misinterpretation [72]. Despite these caveats, data from this study point to the relevance of toxicological analyses of alternative matrices to complement forensic investigation.

In conclusion, the detected substances, Midazolam, a type IV sedative agent of moderate action, would has a synergistic effect when administered with propofol (used as an intravenous

anesthetic in critical medical care) [75] and in addition, is incompatible with pentobarbital sodium, then, simultaneous administration could have caused a serious adverse reaction through an inhibitory effect on the cardiorespiratory centre [76], which it would be possible to establish a causal link between the death of the subject and substances found - midazolam, propofol and pentobarbital - at the concentrations mentioned.

Conflict of interest

The authors declare that they have no conflict of interest.

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